

COFFEE / tea



Espresso	3.5
Doppio	4.5
Lungo	3.5
Ristretto	3.5
Cortado	4
Cappuccino	4.25
Latte macchiato	5
Caffè latte	5
Flat white	5.25

Fresh ginger tea	5.5
Fresh mint tea	5.5
Taylors tea	4.5

Earl Grey
Green Jasmine
Pure Green
Afternoon Darjeeling
Raspberry
Chamomile
English Breakfast

Special Coffee

Frappuccino 6

Iced latte

Coffee protein shake 10.5

Double espresso, banana, soy and vanilla

Add +1

Soy milk
Oat milk
Almond milk
Coconut milk

Caramel syrup
Vanilla syrup
extra shot

Protein powder +2

Enjoy your drink with...

Croissant 2.5

Granola bar 4

Sweets..... Day price



SMOOTHIES

Green Madness 8.5

Mango, banana, spinach, coconut milk and apple juice

Pink Beach 8.5

Strawberry, mango, coconut milk and apple juice

Pina Solada 8.5

Pineapple, mango, coconut flakes and coconut milk

Tropical Surprise 8.5

Varying smoothie

*Buy a shake cup for just \$10 and get a \$1 discount on your smoothie every time you bring it with you.
It's a smart and sustainable choice!*

Crazy Carrot 6

Carrot, turmeric, ginger, rhubarb, yuzu and kombucha

Beet Me 6

Beetroot, ginger, pomegranate, apple and lime

Kurkuma power 6

Turmeric, apple, kombucha, Seedlip garden and lime

Van Nahmen Juices 6

Choice of: apple, pear or rhubarb

SHOTS

Ginger Shot 3

Turmeric shot 3

Juices

SHAKES

Protein Power 10.5

Banana, cinnamon, vanilla protein powder, sea salt and coconut milk

Purple Hangover 8.5

Blueberry, banana, oatmeal, cinnamon and soy milk



SANDWICHES

'Boer' Gezond 13

*Ham, young cheese, egg, tomato, spicy cornichon, ,
mayonnaise, basil cream and little gem*

Tuna Salad 15

*Tuna, sambal mayonnaise, pickled onion, egg
and little gem*

Caprese 15

Mozarella, tomato, pesto, pine nuts and rucola

Serrano 15

Cured ham, tomato salsa, aioli and little gem

Tosti 7

With ham and/or cheese

Smoothie Bowl 10

Fresh fruit, oatmeal, chia seeds,

Optional: +1

Coconut flakes or chocolate drops



9 **Yoghurt**

*With various fresh fruits
and granola*